

# **BowelScreen Patient Reported Experience Measurement Survey (PREMs)**

**Annual Report 2024** 







# Thank you

Thank you to everyone who took part in our BowelScreen Patient Reported Experience Measures programme during 2024. Your experiences will help us continue to improve our bowel screening programme.

Dr Alan Smith, Consultant in Public Health Medicine, National Screening Service



### **Background**

BowelScreen – the national bowel screening programme – is offered to people aged 58 to 70 every two years. The survey was designed to capture the experience of screening participants with a normal <a href="https://example.com/home-FIT-test">home-FIT-test</a> (faecal immunochemical test) and also those with a not normal home FIT test who then go on to have a colonoscopy. The participants' experience helps identify what we are doing well and where improvements can be made across BowelScreen. This report highlights key findings from January to December 2024.

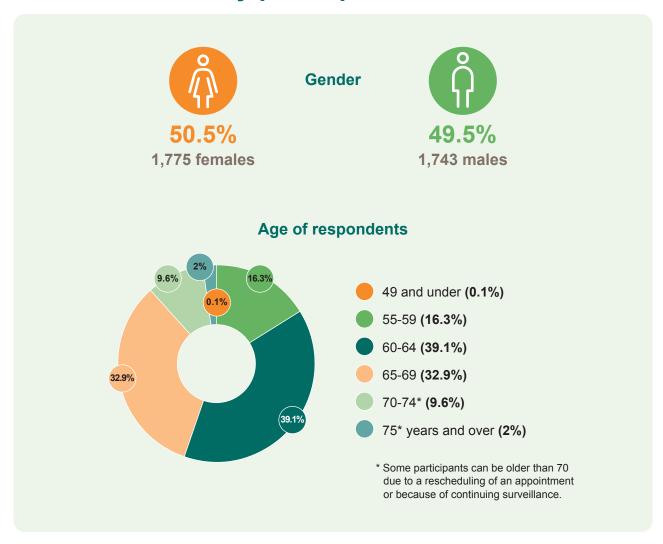
8,062

screening participants were invited to complete the survey

3,518

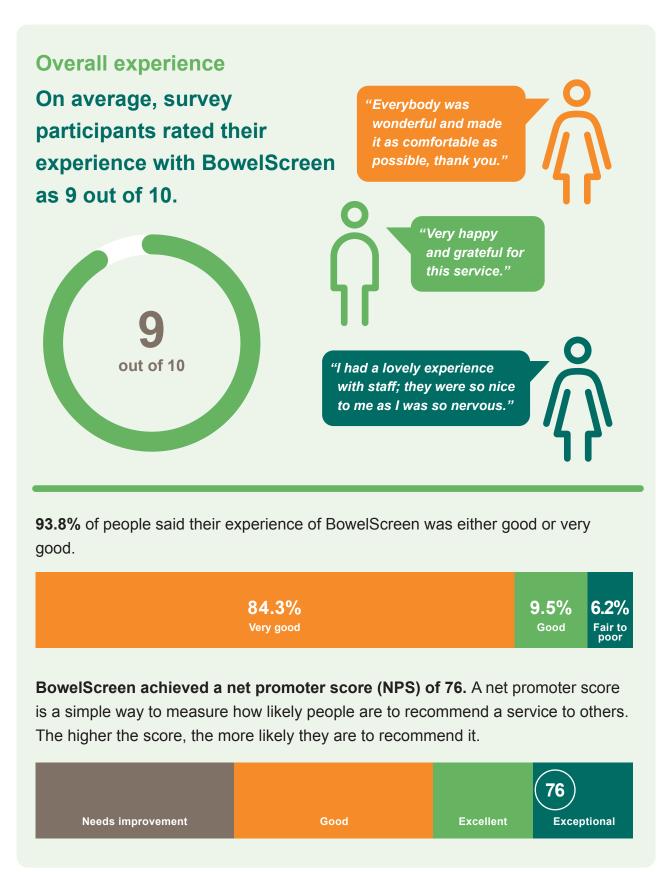
screening participants completed the survey - a response rate of 44%

# **About our survey participants**



# **Key findings**

The majority of survey participants were positive about the care they received from BowelScreen.

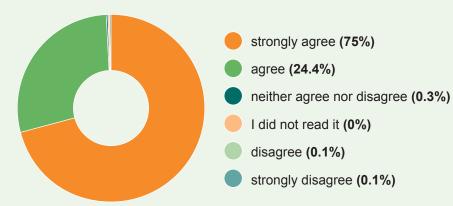


#### The home test kit

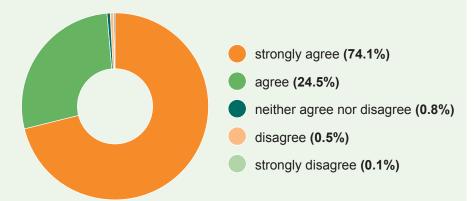
# On average, survey participants rated their home test kit experience as 9.1 out of 10.



**99.4%** of participants agreed or strongly agreed that their home test kit leaflet was easy to read and understand.



**98.6%** of participants agreed or strongly agreed that the home test kit was easy to use.



#### Colonoscopy

15

BowelScreen endoscopy units took part

4,965

screening participants were invited to complete the survey after their colonoscopy

2,330

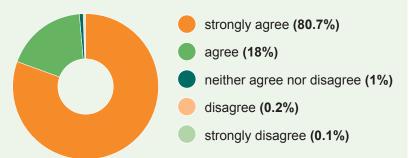
screening participants took part in the survey a response rate of 47%

#### **Colonoscopy preparation**

On average, survey participants rated their colonoscopy preparation as 8.5 out of 10.



**98.7%** of participants agreed or strongly agreed that they were given clear information on what they needed to do to prepare for their colonoscopy.



**95.6%** of participants found the bowel prep medicine instructions very easy or easy to understand.



**80.1%** of participants said that taking the bowel prep medicine was as expected or better than expected.

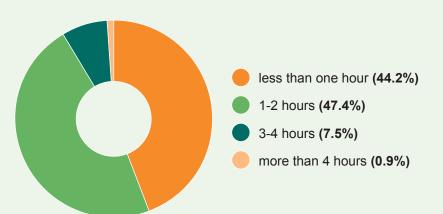


#### **Colonoscopy procedure**

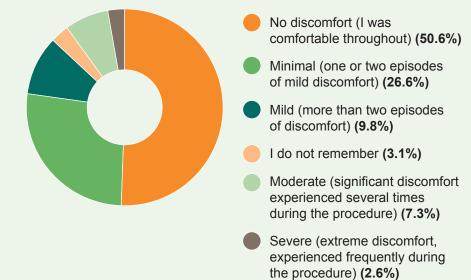
On average, survey participants rated their colonoscopy procedure as 9.0 out of 10.



**44.2%** of participants reported having their colonoscopy procedure carried out less than one hour after arriving in the hospital/unit.



87% of participants reported no discomfort, minimal or mild discomfort during their colonoscopy procedure.



#### Colonoscopy - after care

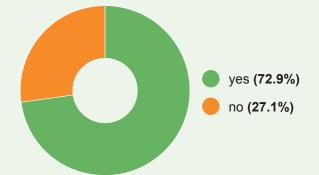
Most survey participants had a very good experience of their colonoscopy aftercare, rating it 8.8 out of 10.

"Don't change anything especially the quality of staff, they made a real difference,"

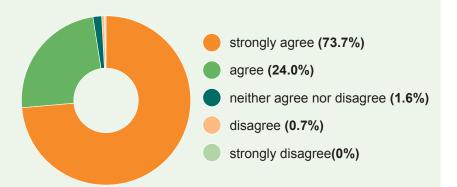




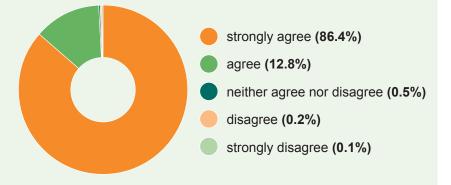
**72.9%** of participants were given a copy of their colonoscopy report before they left the hospital/unit.



**97.7%** of participants agreed or strongly agreed that their privacy was maintained as much as possible during their visit to the hospital/unit.



**99.2%** of participants agreed or strongly agreed that they were treated with respect during their visit to the hospital/unit.

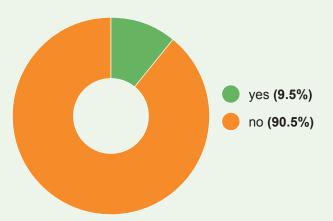


#### Colonoscopy - following discharge

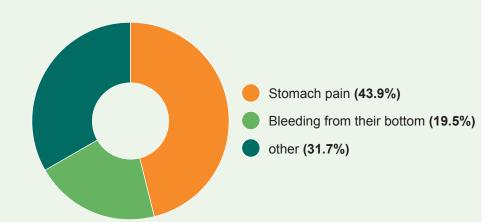
On average, survey participants gave a 9.1 out of 10 for the advice they got about symptoms to watch for after their colonoscopy.



**9.5%** of participants said they developed symptoms related to their colonoscopy following their discharge from hospital.



The most common symptoms included:



# **Suggestions for improvement**

We asked our survey participants to suggest how we could improve their BowelScreen experience. Here is a sample of some of the suggestions.

"Have you any suggestions on how we could improve your overall BowelScreen experience?"



"I had some concerns about the timing of the final dose given the travel time to Dundalk." Improving the colonoscopy preparation and organisation

"More
information for people
to prepare for the sudden
rush of fluids after the
bowel prep and also how
important it is to do the
Senokot prep and low
residue diet days before
the MoviPrep."

"The guidance of what to eat/not to eat in the lead-in period was good."

"Allow me
to have a pillow between
my knees in procedure
to reduce arthritic
inflammation. Reduce my
waiting time to allay
my anxiety."

Improving the colonoscopy procedure and follow-up "The only thing I would change is if men and women had their own room."

"I couldn't have sedation as I had to drive myself so it was an uncomfortable procedure this time."

> "I had to arrange a separate lift home from the hospital. I had to cancel my first appointment because of this."

"To have someone with the person, when getting results especially if they've had a sedative. I was told my results were clear: I was happy to hear good results but as I was sedated I forgot to ask a couple of follow-up questions."

## What we are doing with your feedback

The high number of responses shows that people in Ireland want to share their BowelScreen experiences and help us make our programme better. The feedback has shown where improvements can be made. For example:

"More information for people to prepare for the sudden rush of fluids after the bowel prep"

We are working to improve the readability of our instructions and more dietary advice in the week before taking prep.

"I was happy to hear good results but as I was sedated, I forgot to ask a couple of follow-up questions"

Sedation effects are variable. Some of our colonoscopy units are trialling making direct contact with some patients (more impacted by sedation) the day after their colonoscopy.

"To have someone with the person, when getting results especially if they've had a sedative"

We are testing an initiative where each patient that has a polyp removed during their colonoscopy is asked if they would like an additional phone call after the hospital case conference to talk about their pathology results and what that means for their follow-up.









