

Patient Name:

D.O.B:

MPRN:

Date:

		Prescribing		Every 3 Months or 6 Months <sup>1</sup>		Every 6 Months			Every 12 months						
		Daily Dose	Target Range	Lithium Level	eGFR	TSH (0.35 -4.94)	Free T4 (9.0 -19.0)	Adjusted Calcium (2.2 - 2.6)	Total Cholesterol (TC) (<5.0)		LDL (< 3.0)	HDL (> 1.0)	Trig (0 - 1.7)	HbA1c <42	Fasting Glucose (3.9-5.6)
	Date								Weight	BP	TC HDL	LDL Trig	HbA1c and Glucose	Bloods Next Due	Signature
Example	03/01/25	600mg Priadel	0.4-0.6	0.47	72	1.066	12.0	2.72 (H)	52kg	135/85	6.1 (H) 2.4	4.6 (H) 0.6	64 (H)	4/4/23	Mike Dee
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2															
3															
4															
5															
6															
7															
8															
9															
10															

<sup>1</sup> Every 3 months during first year of treatment. Continue every 3 months thereafter if over age of 65, medical comorbidities