



BreastCheck

An Clár Náisiúnta Scagthástála Gioch
The National Breast Screening Programme

- BreastCheck is the breast screening programme in Ireland.
- Offers Free breast screening to women aged 50-69 years every 2 years.
- Breast screening looks for early signs of breast cancer.
- Women will be sent a BreastCheck letter inviting them to a BreastCheck building or mobile unit.
- Breast screening means taking an x-ray of a woman's breast. This is called a mammogram.
- It can show breast cancers when they are too small to see or feel.
- An appointment takes about half an hour.
- You will get a letter with results within 3 weeks after your mammogram has taken place.
- Women with concerns or symptoms should visit their GP.
- **For more information Freephone 1800 45 45 55 or visit www.hse.ie/breastcheck**



CervicalCheck

AN CLÁR NÁISIÚNTA SCAGHTÁSTÁLA CEIRBHEACS
THE NATIONAL CERVICAL SCREENING PROGRAMME

- CervicalCheck is the cervical screening programme in Ireland.
- Offers free cervical screening to women aged 25-29 every 3 years, and women aged 30-65 every 5 years.
- Cervical screening is not a test for cancer, it's a test to see if you are at risk of developing cancer.
- Screening can be carried out at any registered GP practice or clinic.
- During the screening test, a small sample of cells is taken from your cervix.
- The sample is tested for Human Papaloma Virus (HPV).
- HPV can cause abnormal cell changes in the cervix.
- HPV is the main cause of cervical cancer.
- If your sample tests positive for HPV, we will check for abnormal cells.
- Abnormal cell changes are sometimes called pre-cancerous cells.
- In most cases, it takes 10 to 15 years for cells in the cervix to go from normal to pre-cancer to cancer.
- Finding HPV or abnormal cells early means you can be monitored or treated so that any abnormal cells do not turn into cervical cancer.
- You will get your results by letter, usually about 4 to 6 weeks after your screening test.
- Women with concerns or symptoms should visit their GP.
- **For more information Freephone 1800 45 45 55 or visit www.hse.ie/cervicalcheck**

- It is important to attend your free screening test when you are invited.
- We continue to emphasis to our participants that the four screening programmes are for well people within the population age range and is not a symptomatic service.
- If a person has any concerns or symptoms, we strongly encourage them to contact or attend their GP to ensure that they are given the appropriate advice or referral.



BowelScreen

An Clár Náisiúnta Scagthástála Putóige
The National Bowel Screening Programme

- Offers free home bowel screening men and women aged 60 to 69 every 2 years.
- Aims to find bowel cancer or pre-cancerous changes at the earliest possible stage, when they are easier to treat.
- A home test is sent directly to the person's home if they are on our register and have consented to receive it.
- The screening test is a simple way to check for small amounts of blood in your stool (poo).
- Most home bowel screening test results are normal. If blood is found in the stool you will need a further test called a colonoscopy.
- You will receive a letter with your results within 4 weeks of sending us your sample.
- Anyone with concerns or symptoms should visit their GP.
- **For more information Freephone 1800 45 45 55 or visit www.bowelscreen.ie**



Diabetic RetinaScreen

An Clár Náisiúnta Scagthástála Reitíní do Dhiabéitigh
The National Diabetic Retinal Screening Programme

- Offers free diabetic retinopathy screening for people with Type 1 or Type 2 diabetes, aged 12 and over.
- Aims to detect and treat diabetic retinopathy at an early stage, to reduce damage to a person's sight.
- Screening involves taking photographs of the back of the eye.
- Anybody with Type 1 or Type 2 diabetes is at risk and needs to have screening.
- To register, you can fill out a form online. You will need to print this form out and have it signed by your GP.
- You can also ask your GP, practice nurse, dietician or eye doctor to register you.
- An appointment takes about half an hour.
- A letter about your result will be sent to you within three weeks of your appointment.
- Anyone with concerns or symptoms should visit their GP.
- **For more information Freephone 1800 45 45 55 or visit www.diabeticretinascreen.ie**

- It is important to attend your free screening test when you are invited.
- We continue to emphasize to our participants that the four screening programmes are for well people within the population age range and is not a symptomatic service.
- If a person has any concerns or symptoms, we strongly encourage them to contact or attend their GP to ensure that they are given the appropriate advice or referral.