

PLEASE COMPLETE THIS FORM IN CONJUNCTION WITH FALLS RISK ASSESSMENT & INDIVIDUALISED CARE PLANS TO REDUCE THE RISK OF ANOTHER FALL Name: \_\_\_\_\_

MRN:

AFFIX PATIENT LABEL HERE

## NURSING POST-FALL CHECKLIST

DATE OF FALL:		TIME OF FALL:		
DESCRIPTION OF FALL:				
1. BEFORE MOVING THE PATIENT		2. RETURN PATIENT TO BED / CHAIR		
Circle and/or tick as applicable		Circle and/or tick as applicable		
Ask the patient		How was patient returned t	o bed / chair?	
- Hit head	Yes / No / Don't Know	- Standard Sling & Hoist		
- Hit hip	Yes / No / Don't Know	<ul> <li>Spinal Board</li> <li>Manual Assist of</li> </ul>		
- LOC / Blackout	Yes / No / Don't Know			
- Pain / sore (+ location)	Yes / No / Don't Know			
Head to toe assessment				
(Assess, Look, Feel)		Perform		
- Head, neck, trunk, upper limb,	Pain / No Pain	- Skin assessment (Head to Toe)		
lower limb for pain and loss of movement	Full ROM / Loss of ROM	- Obs (General)		
Observe		<ul> <li>Obs (Neuro) for unwitnessed fall and/or suspected head injury</li> </ul>		
<ul> <li>Confusion</li> <li>Hip deformity (shortened/rotated)</li> </ul>		Inform		
- Wrist deformity (angulated)		- Medical Team		
Suspected Injury		- CNMII / CNMIII / ADON		
- Suspected Head Injury		- Family Member (with patient's consent)		
- Suspected Hip Fracture		Complete		
- Suspected Other Fracture		- Healthcare record		
- Suspected LOC		- Incident report form		
- Suspected Sprain / Strain		Multifactorial Falls Risk Assessment completed		
- Laceration / Abrasion / Bruise		Care Plans updated		
- No Injury Suspected		<i>Place this form in the nursing notes and a copy with the incident report form.</i>		
Full Name (please print)	Signature		Date	