

# QPS TalkTime

A community of quality and patient safety improvers

## Venous Thromboembolism "Using QI to reduce harm and promote recovery"



An Stiúrthóireacht um Ardchaighdeáin
 agus Sábháilteacht Othar
 Oifig an Phríomhoifigigh Cliniciúil

## **NQPSD Resources**

#### Join the Q Community

Apply to become a member of Q Community – find out more via the Q Website

#### About

We are a community of thousands of people across the UK and Ireland, collaborating to improve the safety and quality of health and care. Q is delivered by the Health Foundation and supported and co-funded by partners across the UK and Ireland.



For information on how to apply contact: <a href="mailto:gps.improvement@hse.ie">gps.improvement@hse.ie</a>

#### **Access Education and Learning**

Find out about courses available to you and your Team



#### World Patient Safety Day 2023



#### Wİİrld Patient Safety Day

17 September 2023

#### Scan to access resources



#### Listen to our podcast series

Listen to seven podcasts based on the Patient Safety Strategy themes.





@QPSTalktime

## **Connect with us**







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Patient Safety Directorate Office of the Chief Clinical Officer An Stiúrthóireacht um Ardchaighdeáin

### How we are running today's session



You will be muted but the chat is open throughout - please post any questions or comments there and we will address them after the presentation.



 If your tech fails, don't worry – we're recording it so you can watch back on the NQPSD YouTube channel and access the slides at your convenience.



Audio is available via your PC or dial in: +353-153-39982 Ireland Toll +353-1526-0058 Ireland Toll 2 Access code: 2730 395 2656



Please feel free to continue the discussion on Twitter / X: @QPSTALKTIME | @NationalQPS | @RoisinQPS | @mapflynn | @johnfitzsimons9 | @fniainle | @bibibassa | | @annmarie09 @thrombosisirl | @a\_cute\_medANP

#QIreland | #patientsafety |

- Please help us to improve our QPS TalkTime Webinars by completing a short feedback form (pop up window before you log out)
  - You will receive an email from QPS TalkTime confirming your attendance

## To get started ... we invite you to

Share using the chat box

• Your name, work and where you are joining us from ...

• Finish this statements:

## "VTE prevention is the responsibility of..."



## What will I learn?

National Quality and Patient Safety Directorate

- To understand the impact and epidemiology of VTE.
- How to risk assess and optimally prevent hospitalacquired VTE.
- To understand the importance of raising awareness of the signs and symptoms of VTE.



### **Speakers today**



**Prof. Fionnuala Ní Áinle** National Clinical Lead for the Venous Thromboembolism Patient Safety Programme



**Dr. Bibi Bassa** Emergency Medicine Registrar, Mater Hospital



Ann Marie O'Neill CEO, Thrombosis Ireland



**Carol Walsh** Advanced Nurse Practitioner, Bantry hospital

#### Co-hosted by



**Róisín Egenton,** Programme Manager (Strategy), Quality and Patient Safety Improvement



**Dr. John Fitzsimons**, Clinical Director with the National Quality and Patient Safety Directorate and Consultant Paediatrician at Children's Health Ireland at Temple Street.

CONNECTING PEOPLE INTERESTED IN QUALITY AND PATIENT SAFETY

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	1 IN 20 PEC	) IRISH PLE	
13 BILLION			
EURO ANNUAL ESTIMATED COST IN EUROPE		CHRONIC DISEASE	

## 1 DEATH EVERY 37 SECONDS



# 20%

of patients with severe COVID-19 develop VTE

## **Hospital Acquired Thrombosis (HAT)**

Any VTE that occurs during a hospital admission Or

Within 90 days of discharge





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## VTE Complexities in Trauma Patients

Dr Bibi Ayesha Bassa

Royal of surgeons in Ireland

## Why are trauma patients so complex when considering other cohorts?

- Parallel competing bleeding risks
- Complex injury patterns
- No VTE risk assessment model (RAM) validated in the trauma cohort
- No international consensus on prevention strategies Significant practice variation
- No high-quality data Few prospective studies/Mostly retrospective review of databases → Very little level 1 evidence

#### <u>Coalition of Leaders in the study of</u> <u>Traumatic Thromboembolism (CLOTT)</u>



#### **Knudson's Trauma Triad**



1. Knudson et al: Annal Surgery 2011

2. Velmahos et al: Arch Surg 2009

## QI to the Rescue

VTE is very much work as imagined vs work as done

Impossible to apply a blanket guideline and expect results without understanding your system



### Benefits of QI to prevent VTE in local hospital





## QI Project: Beat the Clot

Postgraduate Certificate in Leadership and Quality in Healthcare

- We will eliminate preventable VTE in major trauma patients in the Mater Hospital by June 2023
- VTE risk assessment completed for all admitted MT patients by the trauma service.
- o Identifying a service tasked with VTE risk assessment responsibility.
- Provide training to risk assess on a **daily basis** and initiate the correct prophylaxis.
- Pharmacy to increase supply of mechanical and pharmacological prophylaxis to the ED.
- o Reduce VTE risk for admitted major trauma patients and improved long-term prognosis.

For more information:	BLOOD CLOT		
www.thrombosis.le	ALERT CARD		
WHAT IS A BLOCO CLOT? This is the formation of a clot inside a blood vessel, usually in the leg, which may break off and go to the lungs. This can be fatal.	SIGNS AND SYMPTOMS OF A BLOOD CLOT → Swelling or pain in one leg or call → Warmth or redness in the leg → Short of breath or rapid breathing → Chiest pain (particularly when breathing deeply)		
60% state have a HOSPITAL			
Blood clots can be very serious - but	<ul> <li>Coughing or coughing up blood</li></ul>		
there are effective treatments to deal	If you have one or more of these, you may		
with them and help prevent them	have a clot and need urgent treatment.		
Thrembesis treland CSN.	Nos Four Building a		
2005/12/00	Nos Four Better Heath		





#KeepLifeFlowing





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## **BANISHING BLOOD CLOTS**

## IN BANTRY GENERAL HOSPITAL



## What was the problem?

- There is a high rate of blood clots associated with hospitalisation.
- National HA-VTE rates are approx. 8 per 1000 (HSE 2018).
- BGH HA-VTE rates 32.2 per 1000 for 2022.
- Local audit results on VTE risk assessment rates and prescribing of thromboprophylaxis were poor.
- RCA shows poor knowledge on HA-VTE, variances in practice, lack of local guidance, workload and time constraints as possible causative factors.



SURVEY

### What are we trying to accomplish?

Reduction of HA-VTE to zero for all admitted patients attending Bantry General Hospital by June 2023

- 100% of VTE risk assessments completed on admission to Bantry General Hospital.
- 100% of patients deemed at risk for VTE will have appropriate thromboprophylaxis prescribed.
- 0 patients will experience a major bleeding event.

## What did we do?



## Results

#### Risk assessments increased from 10% to 78.5%



#### Quarter 1 data 2021 - 2023



#### Prescribing increased from 43% to 89%



#### Quarter 2 data 2021 - 2023



## Learning gained

- Understand the data and where it is coming from.
- Do not presume that HCW have a good knowledge base on HAVTE
- Dealing with resistance
- Educating and empowering patients.



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# QPS TalkTime

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Thursday, 5 October from 13.00 - 13.45

## **IADNAM Conference special**

"Creating tomorrow today: how to prepare for a radically different future"



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## Let us know how we did today ....

**Reminder:** Short questions (pop up) as you sign off, please help us to improve our QPS TalkTime Webinars by sharing your feedback

We really appreciate your time, thank you.



**Contact:** <u>Kris.Kavanagh@hse.ie</u> to be included on our mailing list to receive QPS TalkTime invitations