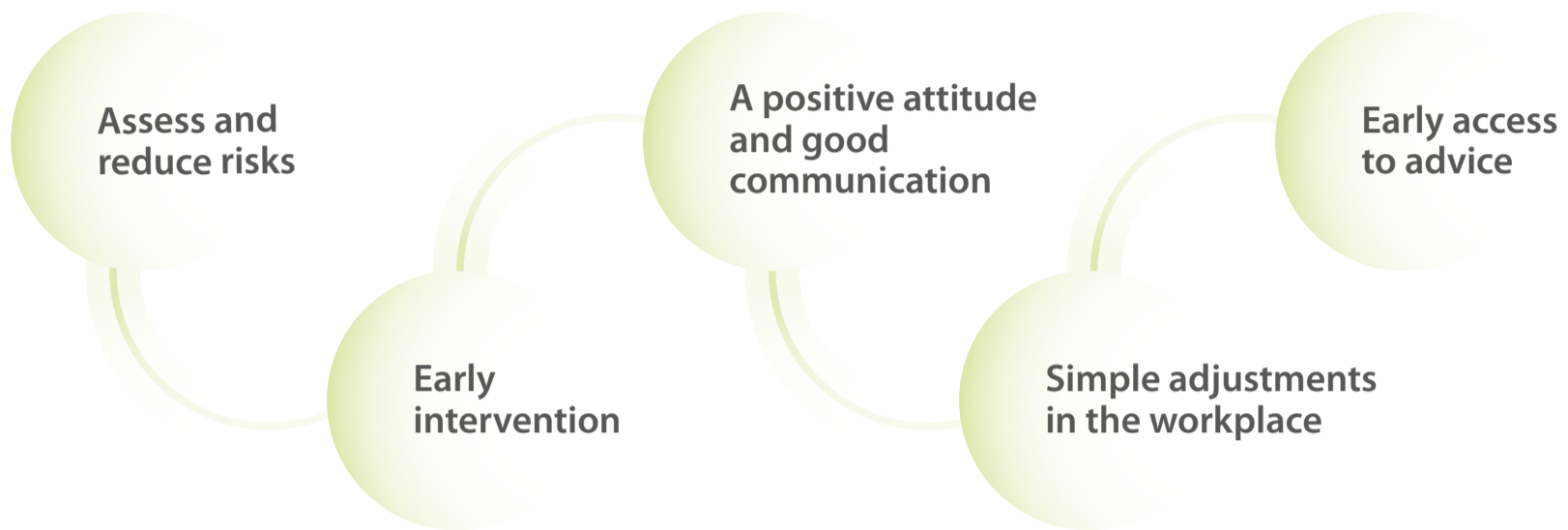




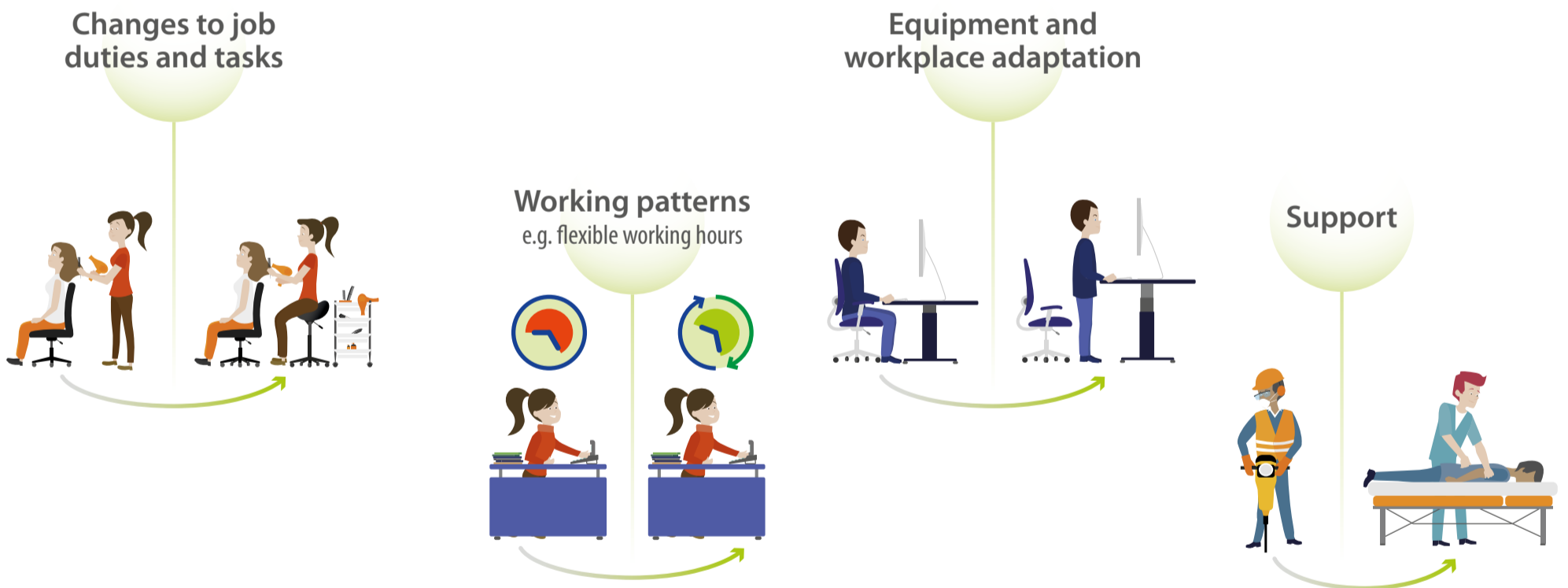
# Working with musculoskeletal disorders



## How can people who develop an MSD be helped



## Adjustments in the workplace



Workers don't have to be 100% fit to work

With the right support and adjustments many workers with chronic conditions can continue to work



The 2020-22 campaign, *Healthy Workplaces Lighten the Load*, aims to raise awareness of work-related MSDs and the need to manage them and to promote a culture of risk prevention.